

Sexual Health and Wellbeing Action Plan

for Dumfries and Galloway



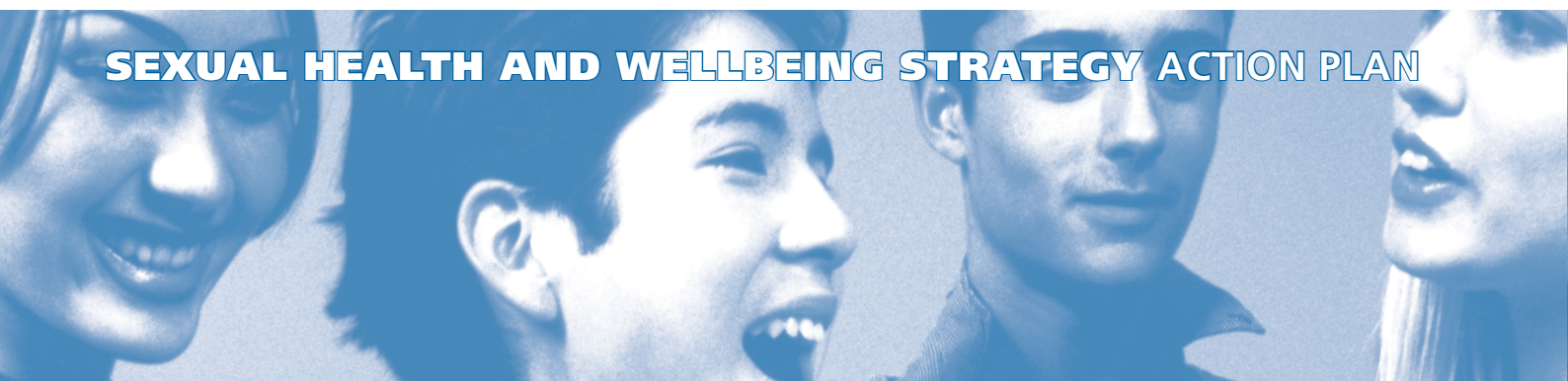
2007 - 2010

community

planning

Implementing a
shared vision with
communities in
Dumfries and Galloway

SEXUAL HEALTH AND WELLBEING STRATEGY ACTION PLAN



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The Sexual Health Strategy Group

The Sexual Health Strategy Group was established in May 2005. Its purpose was to refresh the local strategy and action agenda, ensuring that the key recommendations of the National Strategy were implemented, whilst reflecting the needs of the local population. This document takes forward and builds on the Dumfries and Galloway Sexual Health Strategy 2003.

The strategy is NHS led and has been developed under a community-planning umbrella, by working in close partnership with a cross section of organisations in Dumfries and Galloway. Groups that were not actively represented on the strategy group were consulted in various ways.

The group is chaired by Carol Stewart - Health Improvement Programme Lead - Sexual Health, Directorate of Public Health and Strategic Planning, NHS Dumfries and Galloway. The following group members have helped to develop the strategy: -

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Introduction

This Action Plan has been developed alongside the Dumfries and Galloway Sexual Health Strategy 2007 - 2010. It identifies the actions which are needed to address the aims and objectives of the Strategy. It details the work required for each recommendation including timescale, costs and priorities. It shows which organisation (or organisations) has responsibility for the work. The work required is presented in detail. It will guide the way in which sexual health will be addressed in Dumfries and Galloway in the next three years, to 2010. The Action Plan will be updated every three years. For more information about the Strategy please refer to the Dumfries and Galloway Sexual Health Strategy 2007 - 2010.

The Action Plan outlines –

- The vision for Dumfries and Galloway
- The key objectives for Dumfries and Galloway
- The actions required
- The methods for evaluation

This Action Plan is based on the following settings:

- Culture;
- Learning about sexual health;
- Clinical Services;
- Specific sexual health issues in Dumfries and Galloway; and
- Hard to reach and/or vulnerable groups.

The Vision for Dumfries and Galloway

The main aims of the Dumfries and Galloway Sexual Health Strategy are to:

- improve the sexual health of the population of Dumfries and Galloway;
- build on the aims and objectives of the Dumfries and Galloway Sexual Health Strategy and Action Agenda 2003;

- ensure that the recommendations of the National Sexual Health Strategy are addressed where relevant to Dumfries and Galloway;
- have a positive influence on the cultural and social factors that affect sexual health;
- improve the quality, range, consistency and accessibility of sexual health services and ensure they are safe, local and appropriate; and
- eliminate discrimination that has an impact on good sexual health.

The key objectives for Dumfries and Galloway

Within the wider aim of working towards sexual health for all, the specific objectives of the Strategy include:

- promoting positive and mutually-satisfying stable relationships for everyone, regardless of age, disability, ethnic origin, religion, gender and sexual orientation;
- providing effective sex and relationships education for everyone;
- reducing the inequalities that are currently apparent in sexual health;
- promoting respect for self and others;
- reducing the incidence of HIV and other sexually transmitted infections;
- promote delaying the age of starting sexual activity;
- promoting the protection of children;
- reducing the numbers of unplanned and or unwanted pregnancy;
- and
- addressing the needs of vulnerable and hard to reach groups.

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The methods for evaluation

It is important to recognise that many of the actions required to address the complex issue of sexual health do not always have outputs that can be measured quantitatively. For example it would be impossible to measure a change in people's attitudes towards sexuality definitively in a quantitative method. Equally, it would be difficult to measure how many unplanned pregnancies have been "prevented" as a result of the Strategy.

While the Action Plan is as far as possible "SMART" (Specific, Measurable, Achievable, Relevant and Time based) it is important to recognise that the nature of the measurement used must be carefully considered. Where there are actions that would be difficult to measure quantitatively, qualitative measures will need to be identified.

Quantitative measures	Qualitative measures
<ul style="list-style-type: none"> The amount of STI testing being carried out 	<ul style="list-style-type: none"> Public perceptions about the services available
<ul style="list-style-type: none"> Numbers of STIs being diagnosed 	<ul style="list-style-type: none"> Users' experiences of service access, use, effectiveness and overall provision
<ul style="list-style-type: none"> Number of partners notified 	<ul style="list-style-type: none"> People's feelings about their own sexual health and relationships
<ul style="list-style-type: none"> Numbers of clients being seen in specialist services 	<ul style="list-style-type: none"> Perceptions of the Strategy
<ul style="list-style-type: none"> Numbers of clients being referred to specialist services from other agencies 	<ul style="list-style-type: none"> Service providers' perceptions/knowledge of sexual health
<ul style="list-style-type: none"> Number of clients being seen by other agencies 	<ul style="list-style-type: none"> Joint working and improved communication between all service providers
<ul style="list-style-type: none"> Number of teenage pregnancies 	<ul style="list-style-type: none"> Public awareness of, and attitudes to sexual health
<ul style="list-style-type: none"> Number of terminations performed 	<ul style="list-style-type: none"> Evidence of the mainstreaming of sexual health work
<ul style="list-style-type: none"> Level of service provision 	<ul style="list-style-type: none"> The findings of the evaluations of specific projects
<ul style="list-style-type: none"> Level of unmet demand for services 	<ul style="list-style-type: none"> Perceived changes in discriminatory attitudes
<ul style="list-style-type: none"> Length of the waiting list for specialist services 	<ul style="list-style-type: none"> People's feelings around first sexual experience
<ul style="list-style-type: none"> Number of new services developed 	<ul style="list-style-type: none"> Parents' and carers' ability to discuss sexual health issues with their children
<ul style="list-style-type: none"> Number of staff trained 	
<ul style="list-style-type: none"> Number of schools developing work 	
<ul style="list-style-type: none"> Level of funding secured 	
<ul style="list-style-type: none"> Number of protocols/procedures in place 	
<ul style="list-style-type: none"> References to sexual health in other documents 	

Overall outcome - All services and partnerships work towards developing a positive sexual health culture

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Health promotion					
Specific outcome - The population of Dumfries and Galloway will have an improved understanding of sexual health					
1. Work towards providing good quality, well-resourced, consistent sexual health resource materials and information which will be available across the region, and will support local initiatives.	<ul style="list-style-type: none"> Audit of sexual health resources / information currently used across all service providers Assess the quality and effectiveness of resources /information currently in use Identify and source sexual health materials / information that will meet the individual requirements of the population of D&G Development of Sexual Health Resource Directory, paper and online copies 	<p>July 2007</p> <p>September 2007</p> <p>September 2007</p> <p>October 2007</p>	<p>Within current resources</p> <p>Within current resources</p> <p>Within current resources</p> <p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>Health Information Centre Manager</p>	<p>Directorate of Public Health and Strategic Planning</p> <p>Sexual Health Implementation Group</p>
2. Work towards influencing the media in Dumfries and Galloway to present sexual health issues in an influential and positive way.	<ul style="list-style-type: none"> Establish baseline survey of recent sexual health media coverage Work to establish relationships with communication managers and key journalists Influence media coverage of relevant sexual health issues by providing positive information Evaluate the media coverage of sexual health issues 	<p>November 2007</p> <p>Ongoing</p> <p>Ongoing</p> <p>December 31st Annually</p>	<p>Within current resources</p> <p>Within current resources</p> <p>Within current resources</p> <p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>Health Information Centre Manager</p>	<p>Sexual Health Implementation Group</p>

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Health promotion (Continued)					
Specific outcome - The population of Dumfries and Galloway will have an improved understanding of sexual health					
3. Work towards increasing the general population's awareness of sexual health issues and services and information available	<ul style="list-style-type: none"> Develop the sexual health improvement web site Promote the Health Information Centre as a source of information / sign posting Develop a local Sexual Health Week 	<p>January 2007</p> <p>Ongoing</p> <p>Annually</p>	<p>Within current resources</p> <p>Within current resources</p> <p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>Health Information Centre Manager</p> <p>Director of FP&SH</p>	<p>Directorate of Public Health and Strategic Planning</p> <p>Directorate of Public Health and Strategic Planning</p> <p>Sexual Health Strategy Implementation Group</p>
Religious groups					
Specific outcome - The sexual health needs of people in religious groups are identified and addressed					
4. Work towards understanding the sexual health issues of different religious groups	<ul style="list-style-type: none"> Establish links with religious groups Consult with groups as to their needs Develop a programme to address the needs identified 	<p>December 2007</p> <p>January 2008</p> <p>April 2008</p>	<p>Within current resources</p> <p>Within current resources</p> <p>To be agreed</p>	<p>Health Improvement Programme Lead – Sexual Health</p>	<p>Sexual Health Strategy Implementation Group</p>
Workplace					
Specific outcome - Workplaces contribute to the improvement of sexual health within the workforce					
5. Work towards improving the sexual health of people in the workplace. This work will be carried out in conjunction with Healthy Working Lives	<ul style="list-style-type: none"> Support employers to provide sexual health and relationships information to the workforce through developing policies and strategies 	Ongoing	Within current resources	<p>Health Improvement Programme Lead – Sexual Health</p> <p>Health Improvement Programme Lead – Workplace</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Workplace Strategy Group</p>

Overall outcome - All people in Dumfries and Galloway will be educated in sexual health and relationship issues

Objectives		Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Schools						
Specific outcome - The SRE needs of all children will be met within the context of the six characteristics of the health promoting school and the integrated children's services agenda						
6. Establish a baseline information profile to use as an audit tool, involving parents, staff and young people in developing the tool	<ul style="list-style-type: none"> Piloting stakeholder survey on a cluster basis Developing a baseline health and wellbeing information profile from which to measure future impact. 	Completed Summer 2007 Completed 2006/09	Research expertise Data analysis Staff support	Director of Education and Community Services	Within school/cluster improvement planning cycles	
7. Ensure that Sexual Health and Relationship Education (SHRE) is evidence based and linked to a coherent Personal Social and Health Education programme	<ul style="list-style-type: none"> Teachers and other providers have access to current information, and research on effective practice 	Ongoing	Access to relevant up to date information and resources	Director of Education and Community Services	Education authority improvement plan reports	
8. Provide staff training and development on a multi-agency basis	<ul style="list-style-type: none"> Training needs assessment of all involved in SHRE 	Audit of need within schools/ clusters	CPD Budget	Director of Education and Community Services	Through Health Promoting Schools quality improvement framework	
9. Multi-agency SHRE programmes (informed through consultation with young people, parents and carers) are established within formal and informal settings	<ul style="list-style-type: none"> Integrated planning/ delivery of SHRE programmes takes place at school and cluster levels 	Ongoing	Interagency staff time for integration, planning, facilitation, delivery and support	Director of Education and Community Services	Through Health Promoting Schools quality improvement framework	
10. The SHRE needs of all children will be met	<ul style="list-style-type: none"> Implementing current Scottish Executive guidance for delivery of SHRE to children with additional needs and special needs 	June 2008	Staff time to implement national guidance	Director of Education and Community Services	Through Health Promoting Schools quality improvement framework	

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Parents and carers Specific outcome - Parents, carers and residential staff in Dumfries and Galloway feel secure in their role to communicate with young people about sexual health and relationships					
11. Establish the views and needs of parents/carers and residential staff	<ul style="list-style-type: none"> Consult with parents/carers and residential staff on their views and requirements in relation to sexual health. 	September 2007	Within current resources	Director of Education and Community Services Health Improvement Programme Lead – Sexual Health	Young Persons Sexual Health Group Sexual Health Strategy Implementation Group
12. Work towards increasing the knowledge and skills of parents/carers and residential staff	<ul style="list-style-type: none"> Provide sexual health training for parents and carers and support work aimed at increasing their skills and confidence in this area 	Develop by end of 2007	To be agreed	Director of Education and Community Services Health Improvement Programme Lead – Sexual Health	Young Persons Sexual Health Group Sexual Health Strategy Implementation Group
Early Years Specific outcome - Young children will grow up with an understanding of how we care for each other					
13. Work towards parents/carers of young children having the knowledge and skills to teach young children about positive relationships	<ul style="list-style-type: none"> Pilot the speakeasy project Assess training needs 	September 2007 August 2007	To be agreed Within current resources	Health Improvement Programme Lead – Sexual Health Health Improvement Programme Lead – Early Years	Sexual Health Strategy Implementation Group Early Years Strategy Group
14. Work towards nursery staff working with young children will having the knowledge and skills to teach young children about relationships	<ul style="list-style-type: none"> Assess training needs Multi Agency training 	March 2008 Commence July 2008	Within current resources Within current resources	Health Improvement Programme Lead – Sexual Health Health Improvement Programme Lead – Early Years	Sexual Health Strategy Implementation Group Early Years Strategy Group
15. Parents/carers are provided with information on quality age and stage materials	<ul style="list-style-type: none"> Ensure that information about the quality age and stage materials available is included in the Sexual Health Resource Directory 	January 2008	Within current resources	Health Improvement Programme Lead – Sexual Health Health Improvement Programme Lead – Early Years	Sexual Health Strategy Implementation Group Early Years Strategy Group

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Lifelong learning					
Specific outcome – The promotion of positive sexual health is identified and addressed within all lifelong learning opportunities					
16. Identify all of the key establishments/organisations providing learning opportunities for sexual health and relationships	<ul style="list-style-type: none"> Carry out a mapping exercise of organisations that provide learning opportunities Assess current provision and identify any needs 	July 2008 September 2008	Within current resources Within current resources	Health Improvement Programme Lead – Sexual Health	Sexual Health Strategy Implementation Group
17. Identify the level of people's sexual skills, where they learnt these skills and establish how people perceive their physical sexual relationships	<ul style="list-style-type: none"> Carry out a comprehensive research project 	December 2009	To be agreed	Health Improvement Programme Lead – Sexual Health	Sexual Health Strategy Implementation Group
Staff training					
Specific outcome - All staff with a sexual health promotion remit are appropriately trained to deal with sexual health and relationships issues					
18. Identify training needs and work to deliver the required training	<ul style="list-style-type: none"> Carry out training audits and needs analysis for clinical staff, teachers, youth workers, local authority care providers and voluntary organisations Identify knowledge gaps, develop and produce action plan to implement appropriate training package Development and promotion of local training, resources and teaching packages 	September 2007 November 2007 February 2008	Within current resources Within current resources Within current resources	Health Improvement Programme Lead – Sexual Health Director of Education and Community Services Director of FP&SH	Sexual Health Strategy Implementation Group

Clinical Services

Overall outcome - All people in Dumfries and Galloway will have access to high quality clinical services

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Specialised Services Specific outcome – To provide a cohesive, seamless clinical service where every person should have a choice when accessing sexual health services and be able to self refer to all such services. Services should be provided as locally as possible and be as specialist as necessary					
19. The Department of Sexual Health will provide a region-wide GUM and FP service which will provide services to national standards	<ul style="list-style-type: none"> Develop a working group to establish service integration The GUM and FP&SH departments will be amalgamated Relocate the departments into new premises which will be fit for purpose and allow increased capacity Increase the number of peripheral clinics to provide region wide coverage and regional GUM services Access to GU consultant Be actively involved in the development and procurement of a National IT system, which will allow regionwide coverage Establish a working group to look at service redesign to improve access and capacity 	<p>Immediate</p> <p>August 2007</p> <p>August 2007</p> <p>November 2007</p> <p>November 2007</p> <p>April 2007</p> <p>April 2006 and ongoing</p>	<p>Within current resources</p> <p>To be agreed</p> <p>Has been agreed</p> <p>To be agreed</p> <p>To be agreed</p> <p>Within current resources</p> <p>Within current resources</p>	<p>Director of FP&SH</p> <p>NHS Board</p> <p>Director of Health Services</p> <p>Health Improvement Programme Lead – Sexual Health</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Sexual Health Services Providers Group</p>
20. Work towards Dumfries and Galloway having a comprehensive Partner Notification Service	<ul style="list-style-type: none"> Provide partner notification service at GUM Establish a comprehensive region wide partner notification service working with all providers of sexual health care 	<p>December 2006 and ongoing</p> <p>April 2007</p>	<p>To be agreed</p>	<p>Director of FP&SH</p> <p>Director of FP&SH</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Sexual Health Services Providers Group</p>

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Specialised Services (Continued)					
Specific outcome – To provide a cohesive, seamless clinical service where every person should have a choice when accessing sexual health services and be able to self refer to all such services. Services should be provided as locally as possible and be as specialist as necessary					
20 (Contd.). Work towards Dumfries and Galloway having a comprehensive Partner Notification Service	<ul style="list-style-type: none"> Develop referral pathways for GPs to refer patients to the region wide partner notification service 	April 2007	Within current resources	Director of FP&SH	
21. Effective joint working and communication between NHS sexual health providers	<ul style="list-style-type: none"> Perform a mapping project of current services Establish a Co-ordinated clinical network Develop clear referral pathways / ICPs 	August 2006 December 2006 April 2007	Within current resources Within current resources Within current resources	Director of FP&SH Director of FP&SH Director of FP&SH	Sexual Health Strategy Implementation Group Sexual Health Services Providers Group
22. Work towards providing all clients attending sexual health services with a full explanation of the confidentiality policies	<ul style="list-style-type: none"> Display confidentiality policies clearly in sexual health services waiting areas Work to providing confidentiality policies in different formats including different community languages 	December 2006 August 2007	Within current resources To be agreed	Director of FP&SH Director of FP&SH	Sexual Health Strategy Implementation Group Sexual Health Services Providers Group
23. Work towards improving the standard and provision of services (ensuring the choice of 2 sexual health providers at Tier 1-4)	<ul style="list-style-type: none"> Carry out a training needs assessment Provide the training identified in needs assessment Standardise, disseminate and implement local and national guidelines, standards and protocols eg confidentiality, access, competencies 	April 2006 August 2007 June 2007	Within current resources To be agreed Within current resources	Director of FP&SH Director of FP&SH Director of FP&SH	

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Specialised Services (Continued)					
Specific outcome – To provide a cohesive, seamless clinical service where every person should have a choice when accessing sexual health services and be able to self refer to all such services. Services should be provided as locally as possible and be as specialist as necessary					
23 (Contd.). Work towards improving the standard and provision of services (ensuring the choice of 2 sexual health providers at Tier 1-4)	<ul style="list-style-type: none"> Identify funding for the appointment of fulltime psychology worker to cover DGRI providers e.g. HIV, OBS & GYN, training and raising awareness of sexual health issues with NHS providers and other agencies 	Review December 2007	To be agreed	Director of FP&SH Director of Psychology	Sexual Health Strategy Implementation Group Sexual Health Services Providers Group
Primary Care					
Specific outcome - Primary care will deliver high standards of sexual health and relationship services					
24. Local healthcare providers will provide high quality sexual health information and advice	<ul style="list-style-type: none"> Ensure the provision of appropriate information leaflets The Sexual Health Providers Group will work towards developing and disseminating local and national guidelines where relevant 	August 2007 Ongoing	Within current resources Within current resources	Director of FP&SH Health Improvement Programme Lead – Sexual Health	Sexual Health Strategy Implementation Group Sexual Health Services Providers Group
25. Patients have a choice of service provider	<ul style="list-style-type: none"> Develop pathways for sign posting/referrals of clients to other services 	August 2007	Within current resources	Director of FP&SH	
26. Young women will have access to free emergency contraception	<ul style="list-style-type: none"> Continue to provide free emergency hormonal contraception to women over the age of 16 in participating pharmacies and Accident and Emergency 	Ongoing	Within current resources	Director of FP&SH Health Improvement Programme Lead – Sexual Health Head of Hospital Pharmacy & Professional Development	Sexual Health Strategy Implementation Group Pharmacy Contracts Committee

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Primary Care (Continued)					
Specific outcome - Primary care will deliver a high standard of sexual health and relationship services					
27. Establish the viability of community pharmacies providing free condoms with free emergency hormonal contraception	<ul style="list-style-type: none"> Develop and pilot a one year project in a few pharmacies in areas of high deprivation of free condoms being supplied with emergency hormonal contraception Evaluate the pilot 	December 2008 March 2008	Within current resources Within current resources	Director of FP&SH Health Improvement Programme Lead – Sexual Health Head of Hospital Pharmacy & Professional Development	
28. Establish the viability of community pharmacies providing chlamydia postal testing kits	<ul style="list-style-type: none"> Develop and pilot a year long project in a few pharmacies in areas of high deprivation of supplying young people with a postal chlamydia testing kit Evaluate the pilot 	December 2008 January 2009	To be agreed To be agreed	Director of FP&SH Health Improvement Programme Lead – Sexual Health Head of Hospital Pharmacy & Professional Development	Sexual Health Strategy Implementation Group Pharmacy Contracts Committee
29. Community Pharmacists will have up to date knowledge to enable them to give advice on sexual health and relationship issues	<ul style="list-style-type: none"> Identify training needs Incorporate training needs into multi agency training programmes 	December 2007 March 2008	Within current resources Within current resources	Director of FP&SH Health Improvement Programme Lead – Sexual Health Head of Hospital Pharmacy & Professional Development	Sexual Health Strategy Implementation Group Pharmacy Contracts Committee
30. Pharmacists are able to refer clients with complicated sexual health needs to the relevant enhanced services	<ul style="list-style-type: none"> Develop pathways for sign posting/referrals of clients to other services 	September 2007	Within current resources	Director of FP&SH Health Improvement Programme Lead – Sexual Health Head of Hospital Pharmacy & Professional Development	Sexual Health Strategy Implementation Group Pharmacy Contracts Committee

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Voluntary Groups					
Specific outcome - Improved partnerships between the voluntary and community sector and statutory organisations					
31. Work to improving multi-agency working between statutory and voluntary groups	<ul style="list-style-type: none"> Carry out a mapping exercise of all voluntary organisations involved in sexual health and relationships 	July 2007	Within current resources	Health Improvement Programme Lead – Sexual Health	Sexual Health Strategy Implementation Group
32. Identify training issues for voluntary groups	<ul style="list-style-type: none"> Carry out a training needs assessment 	July 2007	Within current resources	Health Improvement Programme Lead – Sexual Health	Sexual Health Strategy Implementation Group

Specific Sexual Health Issues in Dumfries and Galloway

Overall outcome – Positive sexual health is improved for the population of Dumfries and Galloway

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Inequalities in Sexual Health					
Specific outcome – Reduction of sexual health inequalities					
33. Work towards reducing the inequalities in sexual health	<ul style="list-style-type: none"> Identify areas and groups where sexual health inequalities exist Identify people in at risk and/or vulnerable groups Target health improvement interventions at people in at risk and/or vulnerable groups 	<p>December 2007</p> <p>December 2007</p> <p>January 2008 then ongoing</p>	<p>Within current resources</p> <p>Within current resources</p> <p>Within current resources</p>	Health Improvement Programme Lead – Sexual Health	Sexual Health Strategy Implementation Group
Sexually Transmitted Infections					
Specific outcome – Reduce the incidence of sexually transmitted infections					
34. Work towards increasing the detection rates of sexually transmitted infections	<ul style="list-style-type: none"> Increase chlamydia screening by 20% by end of 2007 Support laboratory costs to increase capacity Use of direct microscopy at relevant clinics 	<p>December 2007</p> <p>Achieved April 2006</p> <p>September 2007</p>	<p>Within current resources</p> <p>Within current resources</p> <p>Within current resources</p>	<p>Director of FP&SH</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Sexual Health Services Providers Group</p>
35. The transmission rates of sexually transmitted infections will be reduced	<ul style="list-style-type: none"> Improve access to condoms particularly for those in high risk groups Identify funding and appoint project worker to manage C4U card scheme 	<p>April 2007</p> <p>Achieved July 2006</p>	<p>To be agreed</p> <p>To be agreed</p>	<p>Director of FP&SH</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Sexual Health Services Providers Group</p>

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Blood Borne Viruses					
Specific outcome - Reduce the transmission of Blood Borne Viruses					
36. Increase the public's awareness of blood borne viruses and their effects	<ul style="list-style-type: none"> Work with the blood borne virus team to refresh the blood borne virus strategy and implement its action plan 	March 2007	Within current resources	Health Improvement Programme Lead – Sexual Health Blood Borne Virus Nurse Director of FPSH	Sexual Health Strategy Implementation Group Blood Borne virus Strategy Group
37. Increase the uptake of Blood Borne virus Screening	<ul style="list-style-type: none"> Develop a framework to ensure that HIV testing is offered to all GUM clinic attendees not known to be HIV infected who present with a new STI Develop a framework to ensure that HIV testing is offered to all GUM clinic attendees not known to be HIV infected who are in high risk groups 	April 2008	Within current resources	Health Improvement Programme Lead – Sexual Health Blood Borne Virus Nurse Director of FPSH	Sexual Health Strategy Implementation Group Blood Borne Virus Strategy Group
38. Work towards understanding the health needs of people living with HIV	<ul style="list-style-type: none"> Review the needs of people living with HIV 	April 2008	Within current resources		
38. Work towards understanding the health needs of people living with HIV	<ul style="list-style-type: none"> Review the needs of people living with HIV 	August 2007	Within current resources	Health Improvement Programme Lead – Sexual Health Blood Borne Virus Nurse Director of FPSH	Sexual Health Strategy Implementation Group Blood Borne Virus Strategy Group

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Sexual abuse					
Specific outcome - Information and services will be in place for people who have suffered sexual abuse					
39. Work towards providing information and services for people who have suffered sexual abuse	<ul style="list-style-type: none"> Identify and review services and support groups that are available to survivors of sexual abuse In consultation with other stakeholders, work with local agencies providing help and support to survivors of sexual abuse to consider how best to respond to local needs Work with voluntary organisations to develop support services for male survivors of sexual abuse Work with voluntary services to develop a pilot project to support young survivors of sexual abuse who are leaving care Appoint specialist female police surgeons for female victims of sexual assault 	<p>May 2007</p> <p>May 2007</p> <p>November 2007</p> <p>November 2007</p> <p>Achieved September 2006</p> <p>August 2007</p>	<p>Within current resources</p> <p>Within current resources</p> <p>To be agreed</p> <p>To be agreed</p> <p>Within current resources</p> <p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health Director of FPSH</p> <p>Health Improvement Programme Lead – Sexual Health Director of FPSH</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Sexual Health Strategy Implementation Group Young Persons Sexual Health Group</p>
40. Implement the Under Age Sexual Intercourse and Pregnancy – Interim Guidance	<ul style="list-style-type: none"> Staff are trained in the use of the guidance All staff will follow guidance when working with young men and women who they suspect may be at risk of sexual abuse 	<p>August 2007</p>	<p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health Director of FPSH</p>	<p>Sexual Health Strategy Implementation Group Young Persons Sexual Health Group</p>

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Sexual Harassment in the workplace					
Specific outcome - A reduction of sexual harassment in the workplace					
41. The extent of sexual harassment in the workplace in Dumfries and Galloway will be established	<ul style="list-style-type: none"> Research project to establish the degree of sexual harassment in the workplace in Dumfries and Galloway Make recommendations as to how to address the problems identified 	August 2009	To be agreed	Health Improvement Programme Lead – Sexual Health and Health Improvement Programme Lead - Workplace	Sexual Health Strategy Implementation Group
42. Workplaces will have in place the appropriate knowledge and policies to prevent or deal with sexual harassment	<ul style="list-style-type: none"> Support employers in the region to put in place the necessary policies, training, discipline and monitoring to reduce sexual harassment Support employers in the region to put in place the necessary policies, training, discipline and monitoring to support the victims of sexual harassment 	Ongoing	Within current resources	Health Improvement Programme Lead – Sexual Health and Health Improvement Programme Lead - Workplace	Sexual Health Strategy Implementation Group
Unplanned and or Unwanted Pregnancy					
Specific outcomes - All women will have access to appropriate termination of pregnancy services					
Reduce the numbers of unplanned and unwanted pregnancies					
43. Work towards all women considering a termination receiving counselling which is in line with the RCOG guidelines	<ul style="list-style-type: none"> The Sexual Health Service Providers Group will liaise with women's services to develop and agree the way forward for pre and post termination counselling Implement recommendations 	June 2007	Within current resources	Health Education Midwife Adviser Health Improvement Programme Lead – Sexual Health	Sexual Health Strategy Implementation Group
		December 2007	Within current resources		

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Unplanned and or Unwanted Pregnancy (Continued) Specific outcomes - All women will have access to appropriate termination of pregnancy services Reduce the numbers of unplanned and unwanted pregnancies					
44. Protocols drawing on the RCOG guidelines are in place to help provide consistency in service provision and practice	<ul style="list-style-type: none"> Review protocols currently in use Assess gaps Address gaps 	<p>April 2007</p> <p>May 2007</p> <p>August 2007</p>	<p>Within current resources</p> <p>Within current resources</p> <p>Within current resources</p>	Women's Services Health Improvement Programme Lead – Sexual Health	
45. Work towards reducing the numbers of repeat unwanted/unplanned pregnancies	<ul style="list-style-type: none"> Carry out a literature review on research into preventing repeated unplanned pregnancies 	June 2007	Within current resources	Women's Services Health Improvement Programme Lead – Sexual Health	

Hard to reach and/or vulnerable groups

Overall outcome – To improve the sexual health of the people who are in hard to reach and/or vulnerable groups

Objectives		Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Lesbian Gay Bisexual and Transgender people						
Specific outcome - The sexual health of Lesbian, Gay, Bisexual and Transgender people is improved						
46. Work towards improving awareness of the health needs of the LGBT community in Dumfries and Galloway	<ul style="list-style-type: none"> Collate local / national research and develop recommendations Identify research gaps Hold local action planning seminar 	<p>July 2007</p> <p>Achieved October 2006</p> <p>January 2007</p>	<p>Within current resources</p> <p>Within current resources</p> <p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>LGBT Youth Project Co-ordinator</p>	<p>Sexual Health Strategy Implementation Group</p> <p>LGBT Youth Advisory Group</p>	
47. A multi-agency approach is adopted to tackle health inequalities for LGBT people in Dumfries and Galloway	<ul style="list-style-type: none"> Identify local LGBT stakeholders Include stakeholders in planning Development of local LGBT strategy / action plan based on findings from research and seminar Implement action plan 	<p>October 2007</p> <p>Ongoing</p> <p>October 2007</p>	<p>Within current resources</p> <p>Within current resources</p> <p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>LGBT Youth Project Co-ordinator</p>	<p>Sexual Health Strategy Implementation Group</p> <p>LGBT Youth Advisory Group</p> <p>Community Planning mechanisms</p>	
48. Work, towards increasing the public's awareness of sexual health and relationship issues for the LGBT community in Dumfries and Galloway	<ul style="list-style-type: none"> Assess current resources available Identify any gaps Develop resources for use in SHR / PSE education in schools including primary Provision of appropriate information 	<p>October 2007</p> <p>November 2007</p> <p>March 2008</p> <p>March 2008</p>	<p>To be agreed</p> <p>Within current resources</p> <p>Within current resources</p> <p>To be agreed</p> <p>To be agreed</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>LGBT Youth Project Co-ordinator</p>	<p>Sexual Health Strategy Implementation Group</p> <p>LGBT Youth Advisory Group</p>	

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
Lesbian Gay Bisexual and Transgender people (Continued)					
Specific outcome - The sexual health of Lesbian, Gay, Bisexual and Transgender people is improved					
49. Work towards improving the public's attitudes towards the LGBT community in Dumfries and Galloway.	<ul style="list-style-type: none"> Carry out a positive image campaign Implement a specific campaign in schools 	<p>March 2008</p> <p>March 2009</p>	<p>To be agreed</p> <p>To be agreed</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>LGBT Youth Project Co-ordinator</p>	<p>Sexual Health Strategy Implementation Group</p> <p>LGBT Youth Advisory Group</p>
50. Increase the capacity of the local LGBT community / LGBT organisation in order that they can support the health needs of LGBT people in Dumfries and Galloway.	<ul style="list-style-type: none"> Assess the needs for support Support LGBT youth as required Support the development of a LGBT adult group 	<p>March 2007</p> <p>October 2007 then ongoing</p> <p>November 2007</p>	<p>Within current resources</p> <p>Within current resources</p> <p>To be agreed</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>LGBT Youth Project Co-ordinator</p>	<p>Sexual Health Strategy Implementation Group</p> <p>LGBT Youth Advisory Group</p>
51. Improved access in Dumfries and Galloway to sexual health and other relevant services, resources and information for the LGBT community	<ul style="list-style-type: none"> Roll out LGBT charter mark including: Training for staff Policy audit Provision of information 	<p>March 2006 then ongoing</p>	<p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health</p>	<p>Sexual Health Strategy Implementation Group</p> <p>LGBT Youth Advisory Group</p>
People in a Minority Ethnic Group					
Specific outcome - The sexual health of people in minority ethnic groups is improved					
52. The sexual health and relationship needs of minority ethnic people, asylum seekers and gypsy travellers will be identified	<ul style="list-style-type: none"> Work in partnership with relevant agencies and established groups to assess needs and identify gaps in provision Make recommendations from the information received 	<p>March 2008</p> <p>July 2008</p>	<p>Within current resources</p> <p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health</p>	<p>Sexual Health Strategy Implementation Group</p>

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
People in the criminal justice system					
Specific outcome - The sexual health of people in the criminal justice system is improved					
53. The sexual health problems of people in custody in Dumfries and Galloway will be established	<ul style="list-style-type: none"> Carry out a comprehensive Health Needs Assessment Make recommendations as to how to address the problems identified by the Health Needs Assessment Develop a pilot project to address the needs identified by the Health Needs Assessment 	<p>December 2007</p> <p>February 2008</p> <p>July 2008</p>	<p>To be agreed</p> <p>Within current resources</p> <p>To be agreed</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>Prison Health Centre Manager</p> <p>Dumfries and Galloway Constabulary</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Dumfries and Galloway Prison</p>
54. Staff working with people in custody will have an understanding of the issues around sexual health and relationships and the skills to communicate with and give advice to prisoners	<ul style="list-style-type: none"> Carry out staff training to raise awareness of sexual health and relationship issues 	December 2007	To be agreed	<p>Health Improvement Programme Lead – Sexual Health</p> <p>Prison Health Centre Manager</p> <p>Dumfries and Galloway Constabulary</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Dumfries and Galloway Prison</p>
People with disabilities including learning disabilities					
Specific outcome - The sexual health of people with disabilities including learning disabilities is improved					
55. Establish sexual health and relationship problems of people with disabilities in Dumfries and Galloway	<ul style="list-style-type: none"> Bring together a short term working group to identify actions required to assess the sexual health and relationship needs of people with disabilities Make recommendations as to how to address the problems identified by the working group Develop a pilot project 	<p>September 2007</p> <p>December 2007</p> <p>March 2008</p>	<p>Within current resources</p> <p>Within current resources</p> <p>To be agreed</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>Development Officer Disabilities</p>	<p>Sexual Health Strategy Implementation Group</p>

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
People with disabilities including learning disabilities (Continued)					
Specific outcome - The sexual health of people with disabilities including learning disabilities is improved					
56. Appropriate up to date local information about sexual health and relationships for people with a disability is easily accessible	<ul style="list-style-type: none"> Assess the resources currently available Identify gaps Bring together a working group of professionals, volunteers and people with physical disabilities to develop appropriate user friendly local information resources 	December 2006 February 2008 June 2008	Within current resources Within current resources To be agreed	Health Improvement Programme Lead – Sexual Health Development Officer Disabilities Health Information Library Manager	Sexual Health Strategy Implementation Group
57. Work towards healthcare professionals, and volunteers who work in partnership with people with a disability and their families having an understanding of the issues around sexual health and relationships	<ul style="list-style-type: none"> Identify the training needs Deliver appropriate multi-agency training 	April 2008 August 2008 then ongoing	Within current resources Within current resources	Health Improvement Programme Lead – Sexual Health Development Officer Disabilities	Sexual Health Strategy Implementation Group
58. People with a learning disability will receive sexual health and relationships education, which is relevant to disability, age and stage	<ul style="list-style-type: none"> Identify the educational needs in relation to sexual health of people with a learning disability Development of education programmes for people with a learning disability Provision of appropriate resources Development of audit tools to gauge levels of understanding Ensure signposting to help support and advice 	September 2007 February 2008 February 2008 February 2008	Within current resources To be agreed To be agreed To be agreed	Health Improvement Programme Lead – Sexual Health Development Officer Disabilities	Sexual Health Strategy Implementation Group
59. People with a disability will have access to sexual health and relationship services	<ul style="list-style-type: none"> Ensure signposting to help support and advice 	December 2007	Within current resources	Health Improvement Programme Lead – Sexual Health Development Officer Disabilities	Sexual Health Strategy Implementation Group

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
People who are injecting drug users					
Specific outcome - The sexual health of people who are injecting drug users will be improved					
60. Sexual health services for people who are injecting drug users will be improved	<ul style="list-style-type: none"> All past or present injecting drug users attending a GUM clinic to be offered full BBV screening Develop a screening programme to target injecting drug users 	<p>Achieved December 2006</p> <p>December 2007</p>	<p>Within current resources</p> <p>To be agreed</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>Blood Borne Virus Nurse</p> <p>Director of FPSH</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Blood Borne Virus Strategy Group</p>
Sex workers					
Specific outcome - The sexual health of people who work in the sex industry will be improved					
61. Work towards establishing the numbers of sex workers and the sexual health problems they experience	<ul style="list-style-type: none"> Carry out a comprehensive Health Needs Assessment Make recommendations as to how to combat the problems identified Develop a pilot project to address the needs identified by the health Needs Assessment 	<p>December 2007</p> <p>March 2008</p> <p>November 2008</p>	<p>To be agreed</p> <p>To be agreed</p> <p>To be agreed</p>	<p>Health Improvement Programme Lead – Sexual Health</p>	<p>Sexual Health Strategy Implementation Group</p>
People with Mental Health problems					
Specific outcome - The sexual health of people with mental health problems will be improved					
62. Work towards establishing the sexual health and relationship problems of people with mental health problems in Dumfries and Galloway	<ul style="list-style-type: none"> Bring together a working group to identify actions required to assess the sexual health and relationship needs of people with mental health problems Make recommendations as to how to address the problems identified 	<p>June 2008</p> <p>August 2008</p>	<p>Within current resources</p> <p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>Health Improvement Programme Lead – Mental Health</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Mental Health Strategy Group</p>

Objectives	Actions	Timescale	Cost/Resources	Lead/Responsibility	Monitoring
People with Mental Health problems (Continued)					
Specific outcome - The sexual health of people with mental health problems will be improved					
63. Healthcare professionals, and volunteers who work in partnership with people with a mental health problem and their families will have an understanding of the issues around sexual health and relationships and will have the skills to communicate and give advice where appropriate	<ul style="list-style-type: none"> Identify the training needs Deliver appropriate multi-agency training Improve involvement and communication of families of people with mental health problems 	March 2009	<p>Within current resources</p> <p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>Health Improvement Programme Lead – Mental Health</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Mental Health Strategy Group</p>
Older People					
Specific outcome - The sexual health of older people will be improved					
64. The sexual health and relationship problems of older people in Dumfries and Galloway will be established	<ul style="list-style-type: none"> Bring together a working group to identify actions required to assess the sexual health and relationship needs of older people Make recommendations as to how to combat the problems identified 	<p>June 2007</p> <p>August 2007</p>	<p>Within current resources</p> <p>Within current resources</p>	<p>Health Improvement Programme Lead – Sexual Health</p> <p>Health Improvement Programme Lead – Older People</p>	<p>Sexual Health Strategy Implementation Group</p> <p>Older People Strategy Group</p>
Homeless People					
Specific outcome - The sexual health of homeless people will be improved					
65. Work towards establishing the sexual health and relationship problems of homeless people in Dumfries and Galloway	<ul style="list-style-type: none"> Working with homeless people carry out a health needs assessment and develop a pilot project to address the problems identified 	December 2009	To be agreed	Health Improvement Programme Lead – Sexual Health	Sexual Health Strategy Implementation Group

SEXUAL HEALTH AND WELLBEING STRATEGY ACTION PLAN





*Dumfries
& Galloway*
COUNCIL