

Before visiting your GP or contacting Out of Hours services think *Pharmacy First* for:



Minor Ailments

Anyone can go to their pharmacy for advice and treatment for minor ailments. Children, people over 60 or on certain benefits may not need to pay for their treatment if the pharmacist thinks they need it for:

- ✓ **Skin conditions e.g. acne, athlete's foot, cold sores, eczema, warts/verrucae**
- ✓ **Minor illness e.g. coughs, colds and sore throats, diarrhoea, constipation, earache, headache, indigestion, pain**
- ✓ **Others including allergies, haemorrhoids, head lice, thrush, threadworms**



Urinary Tract Infections

Pharmacists can now provide free treatment, if appropriate, for uncomplicated Urinary Tract Infections in women aged 16 – 64 years experiencing the following symptoms:

- ✓ **Burning or stinging sensation on passing urine,**
- ✓ **Needing to pass urine frequently and/or urgently**
- ✓ **Passing excessive or large quantities of urine**

Your pharmacist will ask about your symptoms to give you the right advice.

There are some exclusions that may prevent your pharmacist from treating you.



Impetigo

You can get treatment for impetigo, a minor skin infection, at your pharmacy. If you are you over 2 years of age with:

- ✓ **Red sores, or, fluid filled blisters that pop easily and leave a yellow crust on one area of your body**

The pharmacist could supply you with a cream for this.

There are some exclusions that may prevent your pharmacist from treating you.



Urgent Supply of Medicines

Have you run out of your prescribed medicines and your surgery is closed or a GP is not available? The pharmacy may be able to provide you with an urgent supply of your repeat medicines.

Some exclusions do apply so speak to your pharmacist for advice.

Pharmacies offer a range of other NHS services, including supply of **Emergency Hormonal Contraception**, provision of a **12 week Smoking Cessation Programme** (including treatment if appropriate), a **Gluten Free Food Service** for people diagnosed with coeliac disease and a **Chronic Medication Service** supporting patients with long term conditions.

Ask at your pharmacy for more information on the services they provide.